

D.R.E.A.M.-U

MAGAZINE

ISSUE 7

March 2025

RESIST
TOGETHER

OH WELL
WHATEVER
NEVERMIND



dreamcollegedisability.org

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THE RIDE AHEAD

*Film Screening and
Discussion with the
Directors*



Samuel Habib



Dan Habib

April 4th at 4 pm EST

Register:

www.tinyurl.com/TRAatDREAM

THE RIDE AHEAD

*Film Screening and Discussion
with the Directors*

Cast



Maysoon Zayid



Judy
Heumann



Ly Xīnzhèn
Zhǎngsūn



Keith Jones



Bob Williams



Andrew
Peterson



Ali
Stroker

April 4th at 4 pm EST

Register:

www.tinyurl.com/TRAatDREAM



Mission

Advance the interests of student rights, increased accessibility, social and policy change, support, and mentorship to disabled students and their allies in higher education institutions across the United States



DREAM - Disability Rights, Education, Activism, and Mentoring



dream disability



www.tinyurl.com/fuchjwff

Editor-in-Chief



Em
Simone
Doffing
She/They

Em is

a queer and neurodivergent-psychologically disabled recent Master's graduate. They are certified as a proactive disability inclusion ambassador and mentor from the University of Kansas's Disability Inclusion Program. She currently manages the Disability Justice research lab at California State University in Long Beach. Their thesis is "Chronically Pained Webcomic Readers with Endometriosis Collectively Coping and Resisting Medical Ableism."

Their ongoing project centers disabled graduate students' (DGS) lived experiences in a Participatory Action Research (PAR) project. They are also a co-author on the book, "Disability Life Stories: Unfiltered Voices on School, Family, Career, and Finding Purpose." She is open to sharing information of her disabled lived experiences, research, and how to make both work and student environments inclusive.

Image Description: Em is wearing a black leather jacket and a black shirt with a drawing of drag queen Latrice Royale next to the words, "Good God Get a Grip Girl" in pink. Behind them is a stage with a screen of a music video.

Editor



Chloe
Marbell
Davidson
She/Her/ella

Chloe is

a neurodivergent-chronically ill Latina and disability advocate from Orange County, California. As a University of California, Irvine alumni, Chloe leads accessible social and recreational programs for the City of Irvine Disability Services. This summer, she is a 2024 intern for the American Association for People with Disabilities (AAPD) in Washington D.C.

Chloe has researched at the iSchool Inclusion Institute (i3) based at the University of Texas at Austin where her team's poster proposal on university patient health portals was presented at iConference 2023 in Barcelona, Spain. She aims to apply for graduate school to improve college access policy that ensures disabled high school students are included and supported as future scholars.

Image Description: Chloe poses in front of an aquarium tank and smiles directly at the camera. She's wearing a denim jacket, striped black-and-white shirt, black pants, and black-rimmed glasses.

Submission & Accessibility Coordinator



Jessica
King

She/They

Jessica is

a first-generation, late-diagnosed neurodivergent and chronically ill student from CSU Long Beach, finishing her dual-major/dual-minor education in creative writing, comparative world literature, health humanities, and human development. Her next academic goal is to enroll in a graduate program focusing on education and social justice.

Shifting from pursuing English education to disability activism, Jessica presents at conferences and panels, volunteers in nonprofit organizations, and produces narrative projects about disability experiences. Dedicated to her mission, she strives to be an open-minded advocate of disabled communities through her sole proprietorship, Neuro-Sunflower Poet/ry, and forthcoming nonprofit organization, White Dove Disability Advocacy.

Image Description: Jessica smiles at the camera at a selfie-distance, standing at a lookout of small hills and the ocean at sunset. She's wearing a brown leather jacket, white blouse, and purple-rimmed glasses.

Access Needs Advice

Otter AI Assistant

300 free minutes per month and
a maximum recording time of 30
minutes



**Record
audio in
real time**



**Take
notes**



**Answer
questions**

Social Activism SPOTLIGHT



www.clubhouse-intl.org/

In a Clubhouse the expectations are high and mutual work, mutual relationships, and meaningful opportunities in the community are the vehicles of choice.

DREAM

SPOTLIGHT

The National Disabled Law Students Association (NDLSA)

1 Creating and
Distributing Resources

2 Facilitating Peer
Networks


3 Funding
Opportunities

4 Direct
Advocacy




NDLSA

Peer/Spectrum- Run, College Autism Program Support Group



Link as always is
nyu.zoom.us/my/michaeljohnncarley

Come celebrate, vent, socialize, and/or
share whatever is going on at your
campuses every first Tuesday (from Oct-
May) at 1:00 p.m. ET





Disability in the News


Mondays 12-1 pm
CT

Discuss what is happening in the news related to disability; whether its a viral video, a policy update, or anything else you want to discuss related to disability and current events. Participants are welcome to bring a topic to contribute to the week's conversation or arrive ready to listen and discuss what others share. All are welcome!

WWW.tinyurl.com/yn8zax4

allies



Digital Accessibility Hour



Third Thursday of the
month 1-2 p.m.
Thursday, April 17th

Join us for Digital Accessibility Hour, an open collaboration forum hosted by the Disability Cultural Center and Disability and Access. Each session showcases examples of accessible versus inaccessible digital items and shares best practices to guide the creation of more accessible resources. It's an opportunity to ask questions, network, and learn from others across campus.

[www.tinyurl.com/
s2cx3d88](http://www.tinyurl.com/s2cx3d88)



RESOURCE CORNER

The PBS documentary 'Change, Not Charity: The Americans with Disabilities Act'



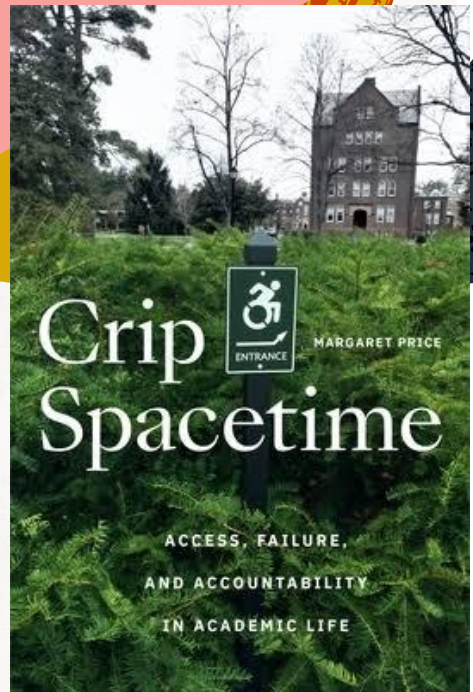
ID: An image of a wheelchair icon. The wheels are made out of stars and the background is blue. On the right the image varies between white and red blocks that looks like books stacked, text reads American Experience Films Change not charity the Americans with Disabilities Act.

[www.tinyurl.com/
3wn4hddy](http://www.tinyurl.com/3wn4hddy)

RESOURCE CORNER

Crip Spacetime: Access, Failure, and Accountability in Academic Life

A book talk by
Dr. Margaret
Price at UC
Berkeley



www.tinyurl.com/

58bxh59p



The Rainbow Support Group
Guidebook for LGBTQ+ and
Intellectual and
Developmental Disabilities.



[www.rainbowguidebook.com/
chapters/introduction/](http://www.rainbowguidebook.com/chapters/introduction/)

Higher Education Life Hacks for Students with Disabilities

As a fourth-year PhD student in a counseling psychology program, I have spent the past seven years in graduate school and four years of undergrad. Below are some of my most valuable tips and tricks for navigating the classroom, preparing for exams, and finding community.



**Meghan Olt
(She/Her)
Graduate Student at
the University of
Georgia**

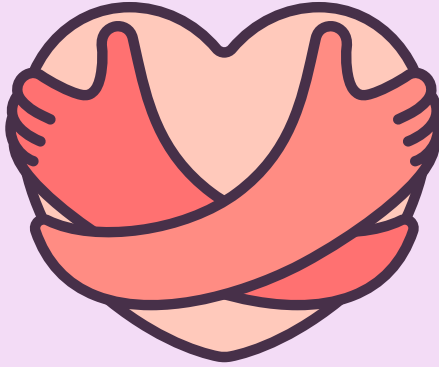
1



Have a mentor outside your undergrad or graduate program who believes in you as a whole person and understands your strengths and weaknesses.

For me, this has been incredibly helpful in navigating challenges related to my learning disability, in addition to having an outside person who is championing “me” and not just the work that I am producing in my program.

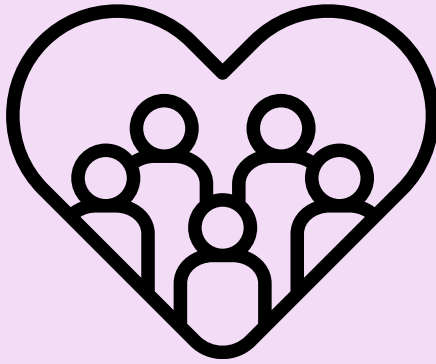
2



Develop a self-care routine

For me, as a former athlete, it often means pushing my body in new ways through exercise, like hot power flow yoga or Pilates. However, self-care does not need to look one way. To me, self-care means slowing down, asking myself, what do I need today to feel regulated, and setting some time to engage in that activity.

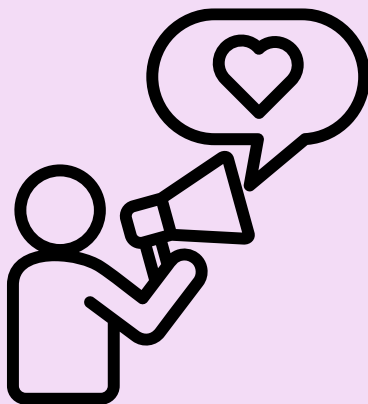
3



Create community

Finding community is hard, especially as a graduate student on a new campus. I found it challenging because I had never attended a large research institution before enrolling at the University of Georgia. With the support of the Associate Director of UGA's Disability Resource Center, I established an assistantship with the DRC. Through my assistantship, I have discovered joy and community by connecting with fellow students with diverse disabilities. The DRC has become a place where I can relate to peers and find my voice.

4



Develop Self-Advocacy Skills

I have found it helpful to develop intentional and meaningful relationships with a few of my professors. These professors have tried to understand my disability and have been willing to provide additional support when navigating related challenges. For example, due to my processing disorder, I have always struggled with having multiple large assignments due at once. In undergraduate and graduate school, I found at least one professor willing to work with me to extend their assignment deadlines, often coinciding with another significant due date from a different professor.



5



YOU ARE
HERE

Show up as YOU

Showing up as your authentic self comes with privilege and often requires psychological safety among your professors and peers. I encourage you to be yourself when you feel ready and safe. One of the greatest lessons I have learned is that it is okay to be different and not “look like or sound like” a counseling psychologist. I will never fit the “mold” of a doctoral student, and that is okay because the world of higher education needs to grow and evolve to become more inclusive.